

# BREAKFAST

<b>TOAST</b> (V) Butter. Preserves	<b>5</b>
<b>EGGS ON TOAST</b> (V) Poached. Fried. Scrambled	<b>9.8</b>
<b>EGGS &amp; HOLLANDAISE</b> (V) Poached eggs. Dill. Chives. Ciabatta	<b>12.5</b>
<b>SMASHED AVOCADO</b> (V) Feta. Toasted seeds. Toast	<b>14</b>
Add two poached eggs	<b>3.8</b>
<b>VEGAN BREAKFAST</b> (VE) Field mushroom. Tomato. Avocado. Kale. Salsa verde. Toast	<b>14</b>
<b>CRISPY POTATOES</b> Slow cooked beef. Salsa verde potatoes. Poached eggs. Sriracha hollandaise	<b>15</b>


# BOWLS

<b>GREEN</b> (GF)(V) Broccoli. Avocado. Kale chips. Spinach. Quinoa. Salsa verde. Soft egg	<b>14</b>
<b>BURRITO</b> Brown rice. Chicken. Avocado. Salsa. Sour cream. Tortilla	<b>13</b>
<b>FALAFEL</b> (VE) House made falafel. Hommus. Tahini. Cabbage. Cucumber. Radish	<b>12</b>

# EXTRAS

Hollandaise / Switch to gluten free bread	<b>2</b>
Eggs - poached or fried / Bacon / Grilled tomato / Feta / Grilled mushrooms / Hash brown / Spinach / Avocado	<b>3.8</b>
Smoked salmon / Salsa verde potatoes / Vegan chilli beans / House made falafel	<b>4.8</b>
Side of fries or salad	<b>3.8</b>

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# BURGERS

**BEEF BURGER** Beef. Cheese. Lettuce. Tomato. Pickles. Ketchup. Special Sauce **13**

**BBQ BACON CHEESEBURGER** Beef. Bacon. Grilled Onion. Cheese. Smokey BBQ Sauce. Mayonnaise **14**

**CHICKEN BURGER** Cajun spiced chicken. Cheese. Tomato. Lettuce. Mayonnaise **13.5**

**VEGETABLE BURGER** (V) Pumpkin & ricotta. Tomato relish. Rocket. Ketchup. Mustard **13**

△  
**UPGRADE TO A MEAL** Add fries & a drink **6**

# GRILL

**YIROS** Chicken. Salad. Fries. Tzatziki. Pita **13**

**FISH & CHIPS** Fried beer batter flat head. Chips. Salsa verde. Mayonnaise **12**

# SNACKS

**HSP** Fries. Chicken. Cheese. Ketchup. BBQ. Garlic Sauce. Sriracha **11.5**

**FRIES WITH CHEESE & GRAVY** (V) **7.5**

**VEGAN LOADED FRIES** (VE) Chilli beans. Vegan sour cream. Avocado **8.5**

**FRIES** (V) Choose from Ketchup. Mustard. BBQ Sauce. Mayonnaise. Chipotle Mayonnaise **S 5 R 6**  
Add Gravy **1**

**WEDGES** (V) with ketchup or mayonnaise **S 6 R 7**

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# FRESH JUICES

S 5.5 | R 7.5

**FRUIT** (VE)(GF) Orange. Watermelon. Apple

**DETOX** (VE)(GF) Orange. Apple. Carrot. Celery. Beetroot

**RUBY** (VE)(GF) Watermelon. Apple. Beetroot. Ginger

**SUPER GREEN** (VE)(GF) Cucumber. Celery. Apple. Parsley. Ginger. Mint

**VITALITY** (VE)(GF) Carrot. Celery. Beetroot. Ginger

**APPLE** (VE)(GF)

**ORANGE** (VE)(GF)

OR CREATE YOUR OWN DELICIOUS COMBINATION

# SMOOTHIES

S 6 | R 8

**GREEN POWER** (VE)(GF) Kale. Avocado. Kiwi Fruit. Apple. Milk

**BERRY** (V)(GF) Blueberries. Raspberries. Banana. Honey. Milk

**PEANUT BUTTER CUP** (V)(GF) Banana. Peanut butter. Chocolate.  
Honey. Milk

**MANGO** (V)(GF) Mango. Honey. Milk

**BANANA** (V)(GF) Banana. Yoghurt. Honey. Milk

**TROPICAL** (V)(GF) Banana. Mango. Passionfruit. Honey. Milk

**GOLDEN TURMERIC** (V)(GF) Mango. Banana. Honey. Turmeric. Milk

MADE WITH YOUR CHOICE OF MILK

# DRINKS

Water	3.2 / 4.2	Lemon, Lime & Bitters	4.2
Sparkling Water	3.9	Ginger Beer	4.2
Coconut Water	4.5	Powerade	4.7
Coke. Coke No Sugar	4.3		

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# HOT

## SEASONAL HOUSE BLEND

Espresso. Long Black. Short Macchiato	<b>3.5</b>
Cappuccino. Flat White. Latte. Hot Chocolate. Hot White Chocolate.	
Chai Latte. Matcha Latte. Turmeric Latte. Turmeric Chai	<b>4.2</b>
Long Macchiato. Mocha. Affogato	<b>4.5</b>

## TAKEAWAY

XS **3.2** S **3.8** R **4.3** L **4.9**

## BATCH BREW

**3**

## ORGANIC TEA

**3.7**

English Breakfast. Earl Grey. Green. Masala Chai. Chamomile.  
Peppermint. Lemongrass & Ginger

## ALTERNATIVES

Soy Milk. Lactose Free Milk. Almond Milk. Coconut Milk	<b>0.6</b>
Extra Shot	<b>0.6</b>
Flavours - Vanilla. Caramel. Hazelnut	<b>1</b>
Add icecream and / or cream	<b>1</b>

# COLD

## ICED

S **4.8** R **5.8**

Latte. Chocolate. White Chocolate. Mocha. Matcha. Chai

## MILKSHAKES

S **4.8** R **5.8**

Chocolate. Caramel. Strawberry. Banana. Vanilla. Coffee.  
Snickers. Spearmint

## FRAPPES

S **5.3** R **6.3**

Coffee. Chocolate. Mocha. White Chocolate

## ORGANIC ICED TEA

S **4.8** R **5.8**

## COLD BREW

S **4.8** R **5.8**

Straight up. Over ice. With milk. With sparkling water

## KOMBUCHA

S **5.5** R **7**

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